Post-Partum Depression Screening

Measure Definition: Complete a screening for post-partum depression to include an assessment for anxiety on each mother that delivers prior to discharge from the hospital

Numerator: # of delivering mothers that are admitted for delivery that receive a depression screen after delivery and before discharge

Denominator: Total # of delivering mothers

Rate = $\dfrac{\text{Total number of delivered mothers that were screened for post-partum depression}}{\text{Total \# of delivered mothers}}$ **x 100**

*Hospitals that do not perform deliveries are excluded from this measure

DATA COLLECTION CONSIDERATIONS	- Use of a recognized screening tool that addresses depression <u>and</u> anxiety. - Examples: - Edinburgh Postnatal Depression Scale (EPDS) - Edinburgh Postnatal Depression Anxiety Subscale (EPDS-3A) - Patient Health Questionnaire 9 (PHQ-9) with Generalized Anxiety Disorder Screener (GAD-7)
DATA SUBMISSION CONSIDERATIONS	- Data will be self-reported by each participating organization: - Screening can occur within the Electronic Health Record or paper form - Data may come from an EHR report or manual abstraction dependent on internal systems and processes - Data will be submitted in numerator / denominator format - Progress reports will be submitted quarterly to the NHA Data Portal - Final performance report will be submitted to CMS per calendar year

Post-Partum Depression Screening Resources

- Perinatal Mental Health Initiatives: Nebraska Perinatal Quality Improvement Collaborative (NPQIC)

- Patient Health Questionnaire (PHQ-9)

- Generalized Anxiety Disorder Screener (GAD-7)

- Edinburgh Postnatal Depression Scale (EPDS)

Data Submission Deadlines	
Quarter 1 Data Due	**May 31**
Quarter 2 Data Due	**August 31**
Quarter 3 Data Due	**November 30**
Quarter 4 Data Due	**February 29**

GOALS		
Year 1:	18-month lookback (July 1, 2024 - December 31, 2025)	**71%**
Year 2:	12-month CY lookback (January 1, 2026 - December 31, 2026)	**75%**
Year 3:	12-month CY lookback (January 1, 2027 - December 31, 2027)	**80%**