



Strengthening the Organizational Immune System for a Sustainable Future: The Power of Strategic Resilience and Healthy Leadership

(IHA 5.23.23)

Dates: **Tuesday, May 23**

Time: **10:00 a.m. – 11:00 a.m. CT**

Speakers:

Ryan Gallik, Founder of Ryan Gallik and Associates

Michael Stahl, Founder of Motivational Concepts

Cost: \$195 to NHA members (per hospital, no charge for additional lines, recordings available up to 60 days after the webinar)

Course Curriculum

We live in a fast-paced environment that brings change to health care in a variety of ways. Building a culture of healthy leadership involves creating internal motivation and “inspired performance.” The minds and the hearts of hospital team members must be committed, especially in today’s challenging health care environment. This session talks about how to define an organizational culture that leads to a successful and sustainable future. This session also will provide the foundation for defining positive work cultures and consistently improving productivity and commitment. It provides a basis for creating a workplace where everyone matters and feels a part of something larger than themselves in a place of belonging and purpose.

Learning Objectives:

At the conclusion of this session, participants should be able to:

- Define perceived organizational support and how it plays a role in job satisfaction and burnout.

- Discuss how to leverage employee strengths to create a positive work culture and psychological safety.
- Discuss how to achieve workforce immunity and resilience from hire to retire.
- Identify the importance of employee engagement, how it predicts operational and business outcomes, and builds a sustainable and thriving workplace.

Speaker Bios:

Ryan Gallik is the founder of Ryan Gallik and Associates, an occupational safety, health and wellness consulting firm, and co-founder of the Mental Hygiene Project. With a long career as a firefighter/paramedic, Gallik has seen and experienced the effects of trauma and stress on people, organizations and communities. The author of “Silent Mayday: The Clinician’s Guide to Working With First Responders,” has more than 15 years of experience working with critical-incident stress-management and peer-support teams. Gallik has been a member of the board of directors for the National Alliance on Mental Illness-Greater Orlando Chapter since 2021.

Michael Stahl is the founder of Motivational Concepts, a business consulting firm specializing in creating learning organizations focused on growth, and co-founder of The Mental Hygiene Project. Stahl is a master trainer for the Harrison Assessment Behavioral Traits Profile and has completed nearly 1,000 psychological analyses and debriefings for leaders worldwide. A certified black belt in tae kwon do, he has learned how to use focus and mindfulness to enhance mental health and live with more balance. Stahl has been a regular guest writer for the Orlando Business Journal and was executive vice president of the CEO Alliance. He has written extensively about leadership and inspired performance, and he is the author of the “Focus Your Power” series of manuals to enhance personal development and business success. Stahl also contributed to the bestselling book, “101 Great Ways to Improve Your Life.”

Registration

<https://online.nebraskahospitals.org/events/event-registration/?id=8025ff72-19da-ed11-9139-0003fff84415>