



# WEBINAR

## LGBTQ 101

Date: **Wednesday, April 1, 2020**

Time: **2:00 – 3:00 p.m. CT**

Speaker: **Max Mowitz**

### Learning Objectives

- Create a plan to guide health care workers to be more inclusive of LGBTQ people in the work environment
- Determine barriers to inclusive health care, specifically as it relates to the transgender population.
- Identify the legal landscape and how it impacts LGBTQ patients receiving care.
- Explain the differences between sexual orientation, gender identity and gender expression.

### Target Audience

Healthcare professionals

### Cost

\$195 per connection for NHA members. \$390 per connection for non-members.

*Note: The fee is for one phone line with unlimited participants.*

### Program Overview

This webinar is designed to guide health care professionals and organizations in creating more inclusive, accepting environments for lesbian, gay, bisexual, transgender and queer/questioning (LGBTQ) patients. The webinar will cover basic LGBTQ terminology, history, myths and stereotypes, and discuss barriers facing the LGBTQ community. Participants will learn actionable steps to take to be more LGBTQ-inclusive and changes that can create a more-inclusive organization.

## Speaker Bio

Max Mowitz is a program director with One Iowa and a sexual assault victim advocate with Polk County Crisis and Advocacy. In these roles, Mowitz works in the areas of trauma informed care, sexual violence and assault, mental health, intersecting oppressions related to race, gender identity and sexual orientation, and LGBTQIA-inclusive birth work. Mowitz also works with the transgender and nonbinary communities. Mowitz is a graduate of the One Iowa LGBTQ Leadership Institute and a volunteer at Transformative Healing. Mowitz is pursuing doula certification with a focus on LGBTQIA-specific births and a master's degree in social work at the University of Iowa.