

# Bridging the Gap: Working Together to Improve Transitions of Care

*A joint education program of the Nebraska Hospital Association and the Nebraska Health Care Association*

**Tuesday, June 13, 2017 | 8:30 a.m. - 3:30 p.m.**  
Embassy Suites Omaha/La Vista Hotel & Conference Center

## CONTENT

This workshop will help bridge the gap between hospitals and long-term care facilities. During this workshop, facilities will identify how working together will improve transitions of care. Topics discussed will include social determinants of health to reduce readmissions, conducting root cause analysis through utilization of tools and strategies, nurse to nurse handoffs, advance directives and medication reconciliation.

## AUDIENCE

Nursing home administrators, assisted living administrators, social workers and nurses.

## OBJECTIVES

Learners completing this program will be able to:

1. Identify the social determinants of health to reduce readmissions.
2. Develop a root cause analysis.
3. Design a checklist for nurse to nurse handoffs.
4. Describe the use of advance directives.
5. Discuss how to make medication reconciliation easier.

## AGENDA

8:00 a.m.	<b>Registration &amp; Continental Breakfast</b>
8:30 a.m.	<b>Welcome</b> Jill Powers & Glenn Van Ekeren, Co-Chairs of NHA/NHCA Task Force on Post-Acute Care, will welcome attendees to the program
8:40 a.m.	<b>Identifying the Social Determinants of Health to Reduce Readmissions</b> Tom Lenz, Creighton University
9:30 a.m.	Break
9:45 a.m.	<b>Conducting a Root Cause Analysis: Identifying Tools and Strategies</b> Ann McGowan, Nebraska Coalition for Patient Safety
11:00 a.m.	<b>Checklist for Nurse to Nurse Handoffs Panel Discussion</b> Panel includes representatives from Crete, Columbus and Gering
12:00 p.m.	<b>Lunch</b>
1:00 p.m.	<b>Conversations on the Use of Advance Directives</b> Helen Chapple, Creighton University & Leslie Kuhnel, CHI Health Ethics Center
2:00 p.m.	Break
2:15 p.m.	<b>Medication Issues</b> Discuss how to make medication reconciliation easier. Panel participants include staff from a hospital, home health, a nursing home and a pharmacist.
3:30 p.m.	<b>Wrap Up &amp; Adjournment</b>

## SPEAKERS

**Helen S. Chapple, Ph.D., RN, MSN, CT**, Associate Professor, Creighton University College of Nursing

**Leslie Kuhnel, MPA, MSHCE**, Ethics Center Director/Ethics Officer, CHI Health Ethics Center

**Thomas L. Lenz, PharmD, FACLM**, Creighton University, School of Pharmacy and Health Professions, Graduate School, College of Professional Studies, and College of Arts and Sciences

**Ann McGowan, Executive Director**, Nebraska Coalition for Patient Safety

## CONTINUING EDUCATION CREDIT

This education program meets the continuing competency requirements of 5.5 hours for the renewal/reinstatement of a Nebraska Nursing Home Administrator's license as granted by the Nebraska Board of Nursing Home Administrators. This program meets the criteria of an approved continuing education program for social work. This program meets the criteria of an approved continuing education program of 5.5 hours for nurses.

**Participants must stay in the program the entire time to receive full credit.**

## NURSING CONTACT HOURS

**To receive nursing contact hours, participants must:**

- Check in at the registration desk.
- Participate in the large and small group exercises.
- Attend the entire program to receive full credit.

Nebraska Health Care Association is an approved provider of continuing nursing education by the Midwest Multi-state Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Nurses: Bring your nursing license number with you to the training.**

## EVALUATIONS

Please provide your feedback on the program by completing the evaluation. A link to the online evaluation will be emailed to registrants. For those who would rather complete a hard copy of the evaluation, paper evaluation forms will be available at the training site.

## SPEAKER BIOS

**Helen S. Chapple, Ph.D., RN, MSN, CT**, is an Associate Professor at Creighton University. Dr. Chapple teaches ethics to senior traditional nursing students on the Creighton campus, and she teaches courses online for the Masters in Healthcare Ethics program at the Center. She is engaged in a statewide project to improve care for dying patients. Her present research interest includes interrogating the relationships between state regulations and the quality of end of life care. She advocates for dying persons as an underserved population and for the quality of their lives as a public health concern. Dr. Chapple entered nursing school after being a hospice volunteer. Her bedside experience included oncology, research, hospice home care, cardiac and neuroscience critical care. Her retrospective research regarding how dying occurs in the America hospital resulted in her book, "No Place for Dying: Hospitals and the Ideology of Rescue," published in 2010 by Left Coast Press.

**Leslie Kuhnel, MPA, MSHCE**, is director of the CHI Health Ethics Center and Ethics Officer. She leads various health care ethics initiatives and provides numerous ethics education programs for professionals and the community. She facilitates several ethics committees for CHI Health, and frequently consults with clinical staff, patients and their families about the ethical dimensions of health care delivery. Kuhnel received a Master of Science in Health Care Ethics degree from Creighton University and a Masters of Public Administration degree from the University of Nebraska-Omaha. Her background includes experience in hospice program development and her interests include health care delivery in all patient care settings, ethics and end-of-life care, health care access and disparity, and understanding the principles of ethics in action.

**Thomas L. Lenz, PharmD, FACLM**, Creighton University, School of Pharmacy and Health Professions, Graduate School, College of Professional Studies, and the College of Arts and Sciences. Dr. Lenz is a tenured professor with appointments in the departments of Pharmacy Practice (primary) and Cultural & Social Studies (secondary) at Creighton University in Omaha, Nebraska. His educational background consists of Bachelor and Master of Arts Degrees in Exercise Science, Doctor of Pharmacy degree, a Fellowship in Cardiovascular Research, and he is currently pursuing a Master of Arts in Medical Anthropology. Dr. Lenz is the Director of the Center for Health Promotion and Well-Being, the Bachelor of Arts program in Healthy Lifestyle Management, the Master of Science program in Health and Wellness Coaching, and the Cardiovascular and Diabetes Risk Reduction employee health program. He is a Fellow in the American College of Lifestyle Medicine, and certified through the American College of Sports Medicine as a Physical Activity in Public Health Specialist. Dr. Lenz has published more than 100 articles and three books on the topics of lifestyle medicine, cardiovascular pharmacotherapy, pedagogy and disease prevention.

**Ann McGowan, RN, MSN**, is Executive Director of the Nebraska Coalition for Patient Safety. In her role, she is responsible for patient safety initiatives with member organizations across the states of Nebraska and Iowa. She is also responsible for ensuring compliance with federal requirements set forth by the Agency for Health Care Research and Quality (AHRQ) and the Office of Civil Rights. (OCR) She is a registered nurse with experience working in community hospitals, as well as academic medical centers in Arizona, Texas and Nebraska. She has also worked in home care and hospital administration. McGowan has her Master's Degree in Nursing from Loyola University-New Orleans with an emphasis in health care systems management.

## REGISTRATION

**Registration fee is \$90 per attendee.**

This includes continental breakfast, lunch and afternoon break.

**Register online at:** <https://www.nehca.org/event/bridging-the-gap-working-together-to-improve-transitions-of-care/>

Pre-registration is encouraged. Registration at the door will be accepted only if space permits. Substitutions are accepted.

## LODGING

For those needing lodging accommodations on Monday, June 12, 2017, there is a discounted group rate of \$132 + tax at the Embassy Suites in La Vista. Call (402) 331-7400 and mention the "Bridging the Gap Conference" to make your reservation.

**Reservations must be made no later than May 23, 2017, to receive the discounted rate.**

## Thank You Sponsors!



# REGISTRATION FORM

## Bridging the Gap: Working Together to Improve Transitions of Care

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June 13, 2017

Embassy Suites Omaha-La Vista Hotel & Conference Center  
12520 Westport Pkwy, La Vista, NE  
800-672-2010

### Register: *Registrations accepted Online or by Mail, Fax, Phone or Email*

NHCA, 1200 Libra Dr Ste 100, Lincoln NE 68512-9332  
nehca.org • fax 402-475-6289 • phone 402-435-3551  
Email: education@nehca.org

**REGISTER ONLINE:** <https://www.nehca.org/event/bridging-the-gap-working-together-to-improve-transitions-of-care/>

*Please print clearly!*

To register more than one person, duplicate this form as necessary.

Name \_\_\_\_\_

Title \_\_\_\_\_

Facility \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Membership Status:  Member  Non-Member

All Nurses: Nursing License # \_\_\_\_\_

Membership Type:  NHCA  Other

By participating in this activity, you grant NHCA the right to release your contact information to a sponsor/commercial interest organization. If you do not wish to have your name, mailing address, and email address released, please check the box below.

I do not wish to have my name, mailing address and/or email address released.

If you have a disability that warrants special requirements, please attach a written description of your needs.  
If you have special dietary restrictions or requests, notify us at least five days prior to the event.

### Billing Information:

Check Enclosed  Cash  Credit  Invoice

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