

Traits At Work

Nicole Winkler, Doctoral Candidate





Todays Objectives:

- Have Fun
- Review 360 Assessment
- Learn More About Ourselves
- Introduction Personality Types
- History of Personality Types
- Understanding Your Own Personality
 Type
- Personality Types & Leadership
- Personality Types & Decision-Making
- Personality Types & Team-Building





360 Review

How did your 360 results turn out?

What surprises (blind spots) did you experience?

What other areas you would have liked feedback around?

How do you think the Keirsey Temperament Sorter can work in conjunction with the 360 results?





What Are Personality Types / Traits?



Building Blocks of Who Someone Is

Thinking, Feeling, Behaving



Decision Making

Communication



Understanding Self & Others

Brief History Personality Types



Carl Jung

- Developed concepts of introverted / extroverted personality types
- Furthered research into the concepts of:
 - Thinking
 - Feeling
 - Sensation
 - Intuition



Isabel Briggs Myers Katherine Cook Briggs

- Developed MBTI
- Based on Jung's Theory
- WW II era What job is the best fit?
- Extroversion/Introversion
- Sensing/Intuiting
- Thinking/Feeling
- Judging/Perceiving



David Keirsey

- Developed during WWII
- Geared more towards behavior & preference
- Uses 16 Types (MBTI)
- Artisan
- Guardian
- Idealist
- Rational

Personality Assessments & Their Value





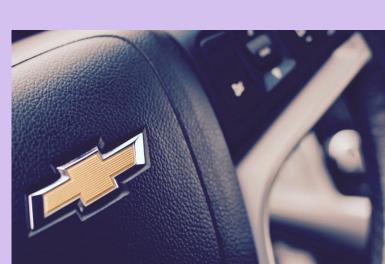
Nature OR Nurture?

Minnesota Center for Twin & Family Research



Jim Lewis





JIM

















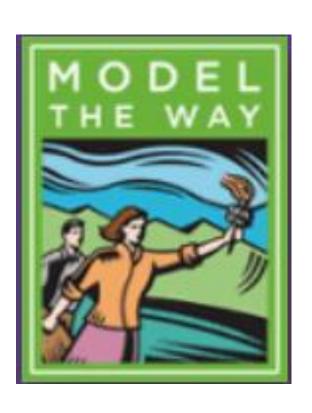


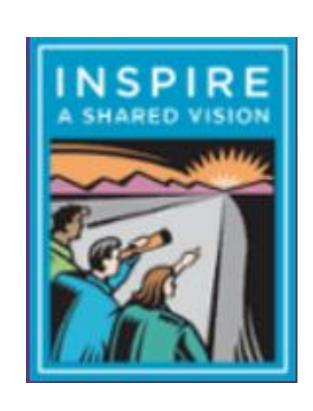




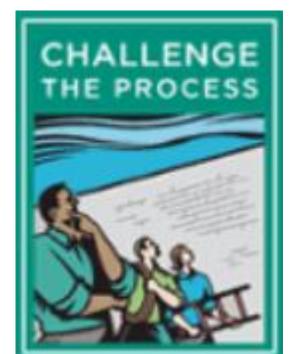
Personality Traits & Leadership

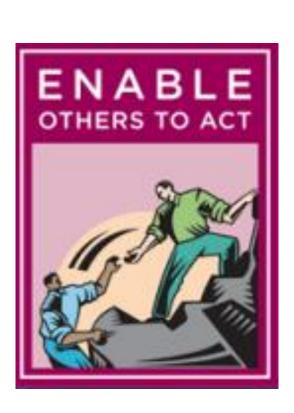
The Effects of Character Traits on Leadership

















The Big 5 Personality Test





OPENNESS



CONSCIENTIOUSNESS



EXTRAVERSION



AGREEABLENESS



NEUROTICISM



Conscientiousness

Dependability

Grit

Organization

Persistence

Planning

Punctuality

Responsibility

Agreeableness

Collaboration

Collegiality

Generosity

Honesty

Integrity

Kindness

Trustworthiness

Extraversion

Assertiveness

Cheerfulness

Communication

Optimism

Leadership

Liveliness

Sociability

Big Five

Openness to Experience

Curiosity

Creativity

Global Awareness

Growth Mindset

Imagination

Innovation

Tolerance

Emotional Stability

Confidence

Coping with Stress

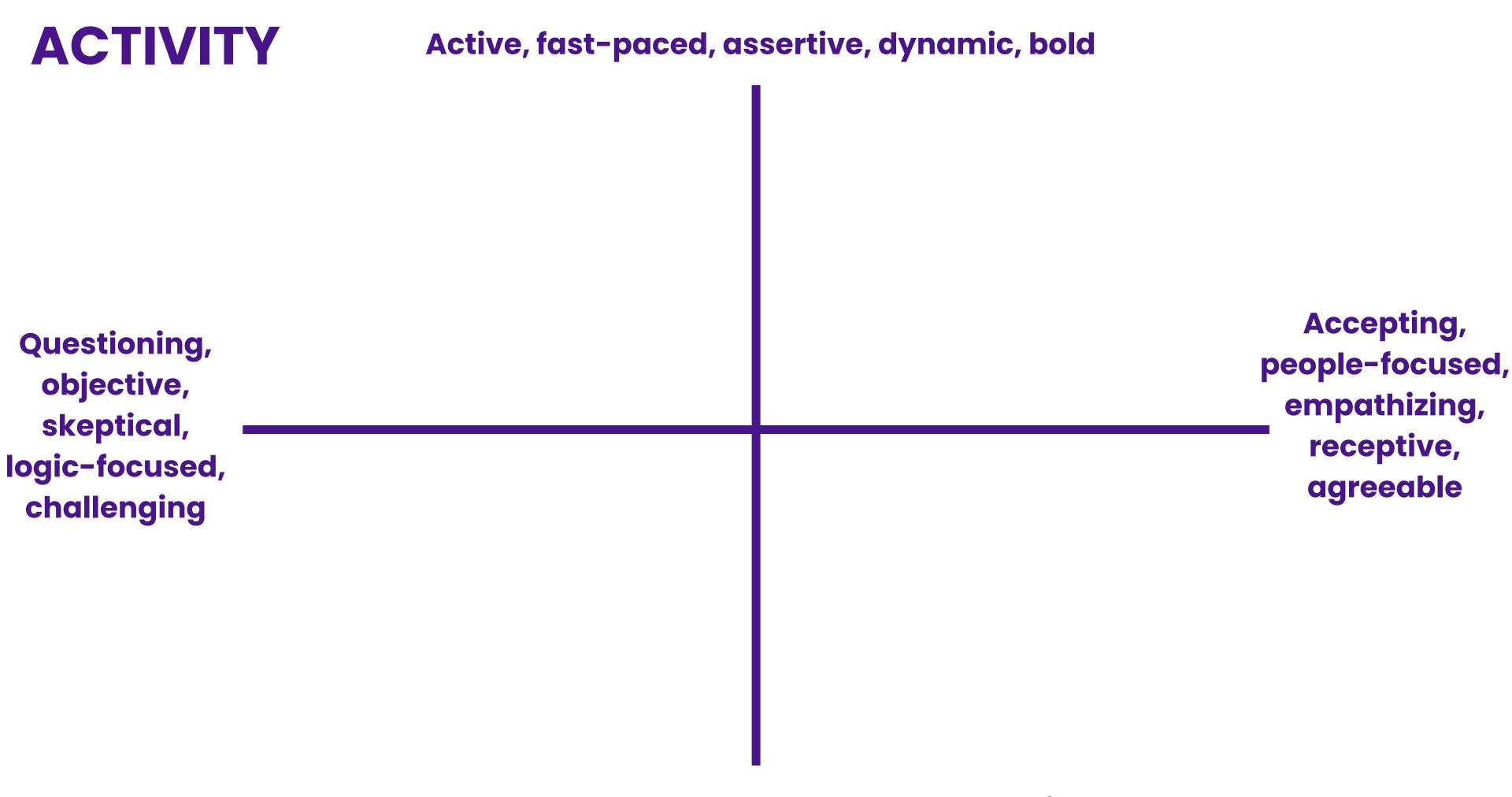
Moderation

Resilience

Self-Esteem

Self-Consciousness

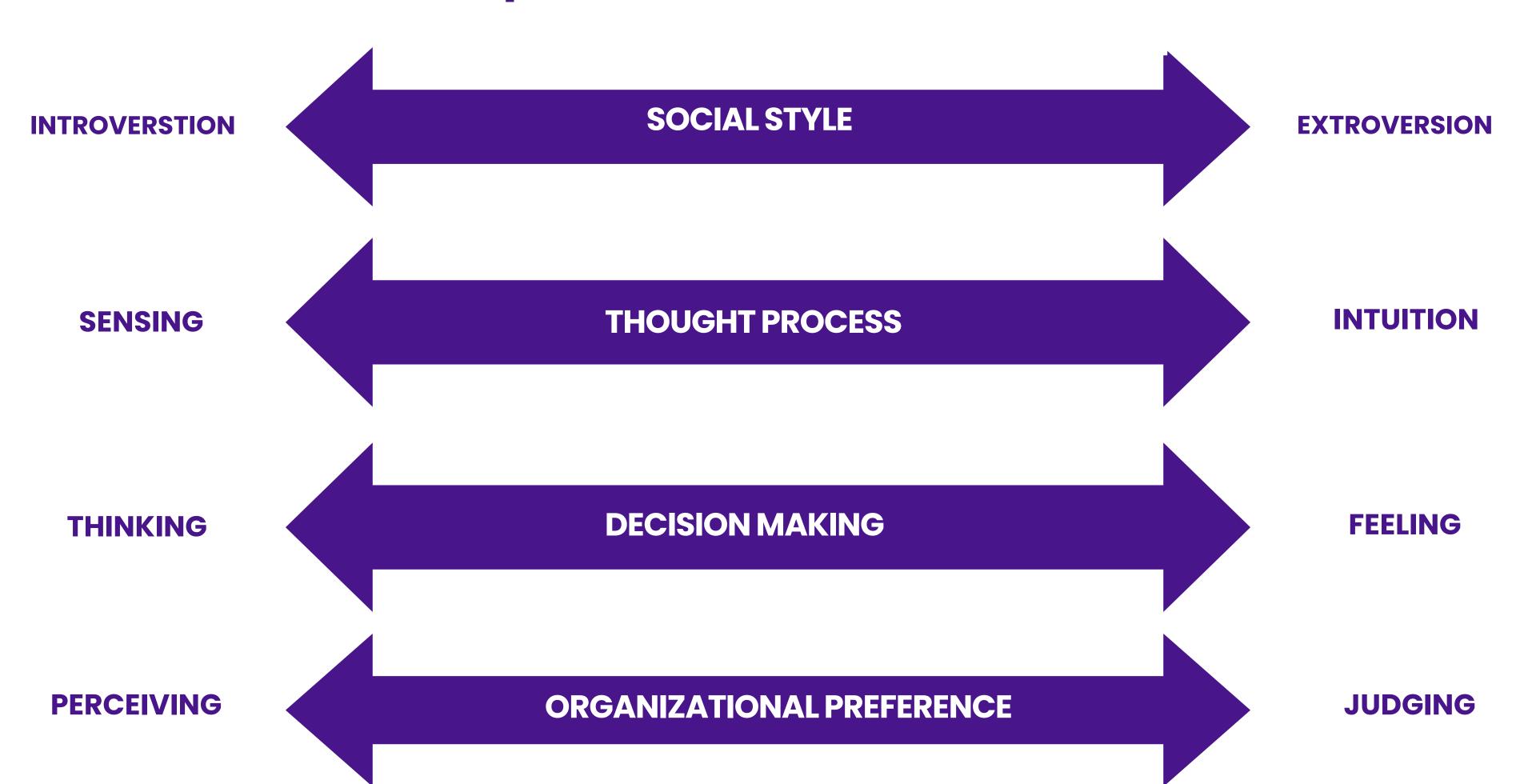
Self-Regulation



Thoughtful, moderate-pace, calm, methodical,

Caroful

Temperament as a Preference



WHAT'S YOUR TYPE?

ARTISAN

ISFP

ISTP

ESFP

ESTP

RATIONAL

INTP

INTJ

ENTP

ENTJ

GUARDIAN

ISTJ

ISFJ

ESTJ

ESFJ

IDEALIST

INFP

INFJ

ENFP

ENFJ

ARTISAN

- Typically optimistic, focused on immediacy and the present
- Pride themselves in being unconventional, bold and spontaneous.
- Highly adaptable to change, craves excitement and new experiences.
- Prone to impulsive action and/or risktaking.
- Desires recognition of talent and/or accomplishments.

STRENGTH - TACTICAL





GUARDIAN

- Pride themselves on being dependable, helpful and hard working.
- Put emphasis on schedules, deadlines, and respect for established procedure.
- Cautious in action, usually preferring stability and routine to innovation.
- Function well within bureaucracies.
- Identify strongly with authority and tradition.

STRENGTH - LOGISTICAL

RATIONAL

- Pragmatic, skeptical and focused on problem solving and analysis.
- Value ingenuity, independence and self-control.
- Impatient with redundancy, inefficiency or tradition for tradition's sake.
- Excel at log-range vision and strategy; drawn to innovation and technology.

STRENGTH - STRATEGIC





IDEALIST

- Enthusiastic trusting and passionate in explaining their beliefs.
- Pride themselves on authenticity, sensitivity to others and intuition.
- Generous and driven to bring out the best in those around them.
- Dislikes conflict and disagreements, usually preferring to avoid them.

STRENGTH - MEDIATOR

Types & Teams



Communicate

What are the strengths and challenges of communication with each type?



Conflict

What are the strengths and challenges in how each type deals with conflict?



Problem Solving

What are the strengths and challenges of each type in how they problem solve and deal with conflict?



Lead Change

What are the strengths and challenges for leading organizational change for each type?

Sec. 1 - NE The state of the s

Small Group Activity

How does your type influence your leadership style?

What are the gifts you bring to the team? What are other's gifts?

What Do You Need to Utilize All Types?

- Trust
- Promote & Lead
 Communication
 - What type of communication?
- Positive Team Culture
- What Else??

Put It Into Practice

What is a scenario you're facing in the workplace?

How can you utilize your type?

What other types do you think you can use as resources?

Who do you have on your team / can you bring in to round it out?

What is Impacted by Temperament?

Organization Functions

Operational Functions

What's More Important?

Knowing Your Employee's Type?

Knowing Your Type?

Knowing Your Supervisor's Type?

Case Study

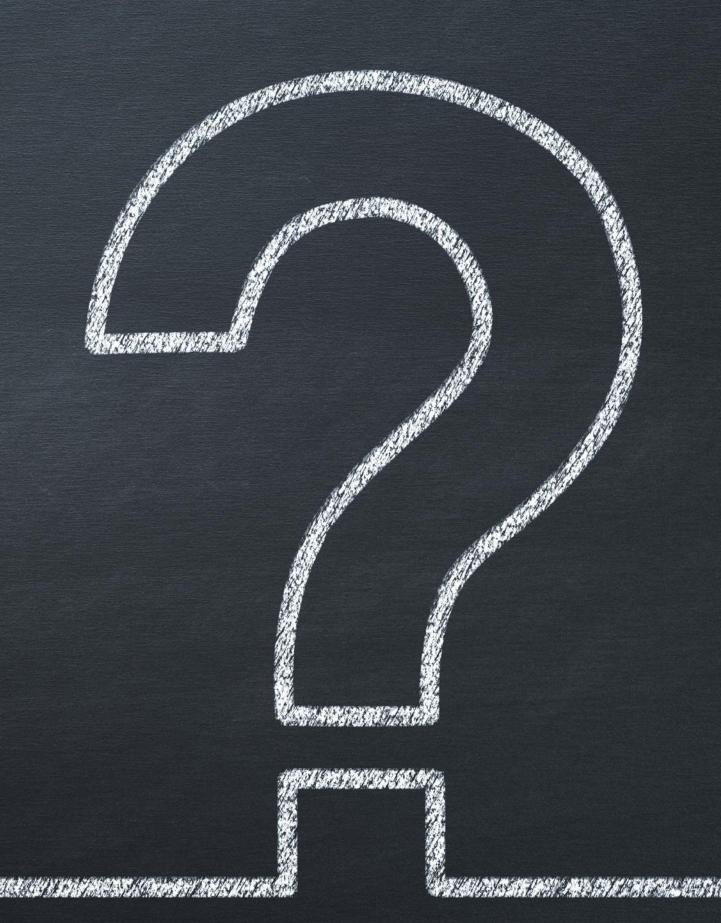
How does individual temperament affect interactions in a team environment?

How does our subject's temperament, specifically, affect the outcomes?

What are the strengths and challenges facing the team?

What task(s)
might you
assign each
team member
to get best
results?

What questions do you have?





Nicole Winker
LYF Coaching &
Development
402-913-0546
nicole@liftyourfuture.com

